

Limerick City CDP St Munchin's
2019
Upcoming Class Timetable

Name	Dates	Time	Where	Total
Making a Will Living Wills Pol O Flatharta	Mon 25 th Mar to 15 th April 4x 2.5 hr 29 th April 1 x 2 hr session	10 to 12.30 10 to 12oioio0pop	CDP Boardroom	12
Exercise Over 55s 1 x 2 Joan Conron	Tues 23 Jan- 16 Apr Tues 1 Oct to 26 Nov	3.45 to 4.45	Hall	12 8
Jewellery Making Irene Steer	Tues 1 Oct 12 Nov	6 to 8	CDP Boardroom	12
Smartphone Photography Photoshop David Lane	Tues 19 Feb – 26 Mar Tues 8 Oct – 14 Nov	5.30 to 7.30	Library CDP Com Room	12 10
Cake Decorating x 2 Liz Slattery	Wed 13 Mar- 10 Apr Wed 6 th Nov – 4 th Dec	10 to 12 10 to 12	Conference Room	10 10
Decoupage Glass Painting Tile Mosaic Halloween and Xmas Crafts Colleen Collins	Wed 6 Feb – 4 Mar Wed 13 Mar – 9 Apr Wed 1 May – 29 May Wed 2 Oct 27 Nov	2 to 4 2 to 4 2 to 4 2 to 4	Conference Room	10 10 10 16
Meditation Clare Sheehan	Wed 20 Feb – 10 Apr	2 to 4	CDP Boardroom	8

Time for Me Anita Martin	Wed 1 May – 22 May			8
Stress Less Geraldine Lyons	Wed 2 Oct – 13 Nov			12
Flower Arranging Easter Christmas Caron Tierney	Thurs 7 – 11 Apr Thurs 7 Nov – 12 Dec	2 to 4	Conference Room	12 12
Older People's Group			Conference Room	
Physical Therapy for Older People Eithne Cody	Thurs 2 May to 30 May Thurs 7 Nov to 12 Dec	3 to 4 3 to 4		5 6
Community Music Hala Jaber	Thurs 2 May to 30 May Thurs 7 Nov to 12 Dec	4 to 5 4 to 5 3 to 5		5 6
Art for Beginners Giordano Giache	Thurs 14 Mar – 11 Apr			10
Exercise Men Over 40 Pat Galvin	Fri 1 Feb – 22 Mar Fri 4 Oct – 22 Nov	2.30 to 4.00	Conference Room	14 14
Bicycle Maintenance Tim Hourigan	TBC			10 10
Furniture Res Home Maintenance Ger Lewis	Fri 1 Feb – 29 Mar Fri 4 Oct – 29 Nov	2.15 to 4.15	Hub	16 16



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Maths Lv 2/3	Thurs 10 Jan to Jun	10.15 to 12.15	Library	
Culinary Techniques Lv 3	Tues 5 th Feb to June	2.00 to 4.00	Kitchen	
Door Security Procedures Lv 4	Every 2 nd Tues and Thurs Afternoon starting 22 nd Jan	2.00 to 4.00	HUB	
DeskTop Publishing Lv 5	Tue 5 Feb to 11 Jun	1.30 to 4.30	Library	
Internet	Wed 23 rd Jan to May	10 to 12	Computer Room	

**Registration will take place for these classes
on**

Thursday 17th Jan

from 10am to 1pm

here in St Munchin's Community Centre



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